



**Khoa Nguyen** has overseen the vision and strategy of BWBW since February 2018, as well as the establishment of an associated European Foundation called SDG CHAMPIONS that brings together multidisciplinary partners and friends. He was formerly an advertising and marketing specialist in the pharmaceutical and food industries. Now as an executive coach, he focusses on driving creativity, innovation, leadership, and teamwork. Khoa has practiced Zen meditation for 43 years. He is the author of three novels and an anthology about the Chinese masters who founded the Zen school in the 7th to 11th centuries.



**Sofia Stril-Rever**, co-founder of *Better We Better World*, initiated *Be the Love you want to see in the world*, echoing Mahatma Gandhi whose injunction “Be the change you want to see in the world”, has become the mantra of our time.

The *Be the Love Declarations* are declarations of love to Mother Earth, to humanity and to future generations by charismatic personalities and the Righteous of the planet, anonymous heroes of our time.

The *Be the Love Manifesto & Medit-Actions* are presented in a book to be released in September 2020. Based on the practice of loving kindness and neuroscience, the Medit-Actions' protocol develops inner peace, universal responsibility and love, combined with the commitment to reach the 17 SDGs, at this critical time in human history.

A graduate in Indian Studies, writer and lecturer, Sofia Stril-Rever has published 18 spirituality-oriented books, including 4 books co-authored with His Holiness the Dalai Lama and translated into more than 20 languages. She also authored the internationally broadcast biopic, *Dalai Lama, one life after another* (Arte TV).

In 2016, Sofia Stril-Rever organized with the Paris Bar the *Law, Universal Responsibility and Environment* conference, bringing together 350 lawyers and international environmental experts in discussion with the Dalai Lama. In 2018 and 2019, she co-organized the *Better We Better World* seminars in Dharamsala, with the Dalai Lama and Professor Samdhong Rinpoche. She lectured at the United Nations, in Geneva, on Universal Responsibility, in November 2017 and February 2020. At the *Garden of Peace*, near Paris, she regularly guides meditation seminars.

[www.betterwebetterworld.org](http://www.betterwebetterworld.org)



**Jean-Luc Alexandre**, 50 years, Supélec Engineer and INSEAD, started his career in the SPIE Batignolles civil works group, spending 14 years in 7 different countries as manager in Railways Infrastructure project management. In 2007, he then joined the ALSTOM Transport group as Vice-Président Global Infrastructure, until 2013 when he then joined SUEZ group, as Chief Operating Officer and Chief Technology Officer and deputy Chief Executive Officer for Global Water Treatment Infrastructure. Since august 2019, he is now fully committed to the restoration of the Earth's ecosystem, fostering sustainable development, and fighting against global warming by implementing operational projects on the ground.



**Yvan Beck** is a doctor in veterinary medicine (ULG), osteopath (IMAOV) and holder of a DES in environment (ULB). He is the chairman of the association « Planète-Vie »  
[www.planetevie.be](http://www.planetevie.be) and a writer  
[https://fr.wikipedia.org/wiki/Yvan\\_Beck\\_\(%C3%A9crivain\)](https://fr.wikipedia.org/wiki/Yvan_Beck_(%C3%A9crivain))

- 1998: « The Animal, Man, Life », publ. Les Eperonniers, analyses the relationship between the economy and the living introducing the spiritual dimension of the latter.
- 2011: « Lovemeatender » (Magritte prize for the best belgian documentary) analyses the individual and collective responsibilities concerning the production and consumption of meat throughout the world as well as their impact on man, the animal and the environment.
- 2016: Organisation in Brussels of the « International symposium concerning the interdependence of the living » sponsored by His Majesty Philippe de Belgique, King of Belgium.
- 2018: « This is not a dolphin », publ. Weyrich, opens in Belgium the debate around the right of the living.
- 2016-2019: Preparation of a second documentary centered on 3 themes :
  - The collapse of the biodiversity
  - Interdependence as an universal organizer's mechanism
  - Two tools of transformation of our societies :
- \* Universal responsibility : the right of the living ( modification of the Civil Codes and Constitutions around the world )
- \* Individual responsibility : meditation ( modification of the individual consciousnesses )



**Célia Bellec** is a student from Bocconi University and Sciences Po Paris. Before starting a double master degree in Finance and Economics of International Organizations, Celia obtained an Economic Degree from HEC Montreal specialized in Sustainable Development. Her master thesis is studying the complementarity of National Parks and Natural Private Reserves to enhance biodiversity protection.

Alongside her studies, Celia is involved in the creation and development of Prajna, an online media sharing inspiring insights from personalities committed to a spiritual path. Since last August, Celia is now living in London where she started working in Economic Advisory to foster banks' transition to a low carbon economy.

Deeply convinced by the urgency of our times, Celia's aim is to engage for Climate Change mitigation and biodiversity protection through humans' reconnection to our Planet and essential values of life.



**Jonathan Belolo** has 20 years of experience in the music industry co-running Scorpio Music, an international independent music label, marketing and releasing dozens of top ten hit records and music videos tallying more than 3 billion views on YouTube. He is an early investor and board member of Alterfood, an award-winning innovative food & beverage company creating and distributing high quality brands that respect nature and citizens. Also, an investor and board member of Web Sheriff, a company protecting brands and individuals online with a stellar client list. Jonathan holds a master's degree in Political Science and Finance from Sciences-Po Paris. A straight-up computer science nerd with 15 years of coding and tinkering with 20+ computer languages, Jonathan is passionate about wielding technology and culture responsibly to build a more balanced society.



### **Isabelle Censi**

In 2018, I created SAMUDRA Consulting, to accompany public and private organisations, local communities, industries, associations, in their communication, defining their missions and commitments, focussing on water, sustainable development, CSR, adaptation to climate change.

During more than 30 years, I have been a communication director in regional to international companies in different sectors. Since 2013, in charge of professional events (COP, WWF, UN Ocean Conference) and partnership for SUEZ, I also developed their global commitment to the preservation of oceans.

Member of the NGO Expédition 7<sup>ème</sup> Continent, I volunteered in a scientific expedition on plastic pollution in the Mediterranean (Expedition Med) and participated to the Ocean as Commons call.

I'm a seeker, inspired by Ayurveda, I brought many friends and relatives to India in the past 10 years sharing my experience of healing, compassion and human responsibility. Education : ISIT Paris, diploma of interpretation in French/English/Spanish – Other studies : Political Sciences and Literature.



### **Aurélie Chalbos**

From aerospace complex systems engineering to human complex transformations, Aurélie Chalbos helps the collective mutation through collaboration and conscious leadership as an executive coach and global therapist.

Co-founder of the spiritual center La Cité des Consciences to reconnect people to the essential near Notre Dame in Paris, Aurélie is dedicated to serve our humanity in transition with eco-responsible and spiritual approach for conscious leadership, using sacred medicines, Qi Gong, Tai Chi Quan, Argentine Tango, therapeutic and coaching tools.

In addition to her coaching company Levidanse, she is very much engaged in NGOs administration. She supports the development of professional coaching and manages A Ciel Ouvert University, and co-founded A Ciel Ouvert Paris, a huge spiritual non-profit organization dedicated to inter-spiritual dialog as a way to integrate ancient wisdom to help consciousness revolution.



### **Hamza Didaraly**

MBA Essec and Insead, had an international management career for more than 15 years in different sectors (Health, Industry, Retail) for big companies such as Matra, Valéo, PSA Group, including 6 years at C-Level for public and private hospital, and 6 years as an Executive Officer for an Impact Investing Fund. He is currently Business Angel, Mentor of various innovative startups and Conference speaker in Artificial Intelligence. He is the co-founder of the digital acculturation website IApourTous.com and CEO of A.I Ambassador, consulting in ethical and strategic transformation.



**Pascale Fabre** is a physicist, research director at CNRS (national french research organism) in the field of 'soft matter'. She started her carrier at the Collège de France, in Pierre Gilles de Gennes laboratory. After a few years in Elf-Atochem research laboratories, she is currently exploring ways to combat the plastic pollution in the ocean. She has created in 2019 a national network of researchers, companies, ONG devoted to fight plastic pollution. She has also been an innovation consultant for many years and trainer in humanistic management in hospitals and in business. As a Buddhist, she did a 3 year retreat and regularly conducts meditation classes and retreats.



**Jean-Paul Fournier** studied business administration and has worked in various countries and industrial sectors as a marketing manager and managing director. He started Office et Culture, a trade magazine, twelve years ago and still is its editor in chief.



#### **Anne Francier**

After studying international management at the ESCE (Ecole Supérieure du Commerce Extérieur, France) and exploring equine physiotherapy, she met the Dharma in 2013 and got involved in the meditation center Menla Ling.



**Anthony Frémaux**, Ligamen CEO, sociologist, philosophical formation, PhD.

For more than 20 years, Anthony Frémaux is passionate about skills recognition to facilitate collaborative management and emancipatory pedagogy. Theories that influenced his practice : knowledge trees (Authier, Lévy, Serres), Aristotle's metaphysics, Spinoza's ethics and the theory of moments (Lefebvre, Hess).

He wrote his thesis on : what are the conditions of a reliable knowledge, ie who can render a service ?

His many knowledge tree practices in very different contexts inspire this work. Anthony is an expert in taxonomy techniques to identify skills. And in talents tree, collective talent recognition system. The goal is helping everyone to become aware of their talents, to mutualise their knowledge and to promote collaboration, synergy. Anthony works in complementarity with collective intelligence facilitators or community managers.



**Ivan Gavriloff** – expert trainer in innovation (KAOS CEO)

Graduate of the Ecole Polytechnique, he founded Kaos, a consulting firm specializing in innovation and brand creation, in 1986. He is an innovation expert with the Progrès du Management clubs, working at HEC Management and giving numerous international conferences and training courses on the theme of creativity and innovation.

Ivan has participated in more than 1500 innovation consulting assignments for senior management of medium and large companies. Author.



**Philippe Guettier**, a public health and environmental engineer with a strong experience in the water sector, spent his career with the French Ministry of Ecology, notably in the cabinet of the Minister and its water department, where he devoted himself to international, Mediterranean and European actions.

He was the General Director of the French Water Partnership between November 2012 and July 2019, a public-private platform bringing together 200 French water actors working at the international level.

He was involved in discussions related to the preparation of the 2030 Agenda and its 17 Sustainable Development Goals (SDGs), particularly at the Rio + 20 Conference in 2012 and at their adoption by the UN General Assembly in 2015.

Since this adoption, he has been involved as General Director of the French Partnership for Water in the implementation of SDG 6 dedicated to water, and more generally of this Agenda in France and internationally.



### **Mathilde Hangard**

Her training in environmental law at La Sorbonne University and various experiences in water-related initiatives in Spain, India and Morocco, have led her to manage the project “Levers of acceleration for the 2030 Agenda” of the French Partnership for Water (FPW).

At only 23 years of age, recently graduated from a Master 2 at Agro Paris Tech specialized in water and its challenges, Mathilde wants to continue her path in the field of water and continue to dedicate herself to medit-action.



### **Sebastian Houssiaux**

Translator and interpreter in English, French, Spanish, Portuguese and German. He has lived in Austria, Portugal, Spain, France and obtained a Bachelor in International Management and Modern Languages from the University of Bath, UK. He has a passion for international relations and believes in the importance of Universal Responsibility for building a brighter future.



### **Eric Langevin**

Dharma student, I practiced meditation with tibetan masters.

Profoundly inspired by the message of Universal Responsibility of His Holiness the Dalai Lama; trainer and facilitator passionate by creativity, innovation, team working and leadership; my heartwish is to contribute to the training and preparation of futur leaders and help them take in charge the great challenges of our time.

Webmaster of Buddhaline.net website, training director of O.VISION Consultants, co-director of Yoga Vision, yoga practice and training center.



### **Ricarda Langevin**

Dharma student, she practiced meditation with tibetan masters. She is profoundly touched by the message and the teaching of His Holiness the Dalai Lama. She wishes to share and spread the spirit and teachings of Universal Responsibility in the yoga community. Founder of Yoga Vision, a yoga center in Paris, she has been teaching Yoga, Yoga-Therapy, Ayurveda and Meditation for 25 years as a teacher of yoga teachers and as a practitioner in the business world, in various yoga schools as well as privately.



**Karen Naessens** works as a Mobilization and volunteer coordinator at Greenpeace Belgium. She has supported local Greenpeace volunteer groups and has helped start up new climate groups such as Teachers for Climate, Rise for climate and les Jeunes pour le climat. Currently she is working as a mobiliser for a European Greenpeace Climate project. Previously, she's been active in the mad pride / Crazywise movement, advocating for a shift in the way we look at mental health. For 9 years, she also volunteered for an emergency helpline for people in emotional distress, while she was working in the Public Employment Service of the Brussels region.



### **Javier Paniagua**

My name is Javier Paniagua, « pan y agua » meaning bread and water in spanish. Maybe that's why I've always been someone concerned with and fascinated by the most essential things in life : The sun and the blue skies of my birth country. The respect of law and justice that brought me to my studies and my original profession as a lawyer in Madrid (Spain). The curiosity of discovering new horizons and people that

made me moving to Belgium in order to work in the European Union as a legal advisor, involved first with migration matters and afterwards as a specialist in social issues, dealing with education projects in Eastern Africa ; and lastly as a coordinator of the SDGs at european level in the framework of the 2030 Agenda.

In addition, empathy, solidarity and compassion for all living beings, inspired by my practice of Buddhist Dharma, have guided my human activity during my whole life. As a logical follow-up, during the last years I've participated very actively in numerous activities in the area of protection of life in all its forms, ecosystems, plants, animals, people and in general of Mother Earth.



**Georges-Aimé Siddhartha Pichon** was born near Geneva in Meyrin on January 26<sup>th</sup> 2002 by a sunny day although in the middle of the winter, he is the 6<sup>th</sup> child and second son of his Buddhist father, Georges Duquin, who is a former French Ambassador of Vietnamese origin and the 4<sup>th</sup> son of his Mother who is an advocate for the empowerment of women in the leaderships of religions.

Georges-Aimé lived the early years of his life in the JURA mountains and then in Beaune in Burgundy, growing in a family of 4 boys. At the age of 4 he moved with his family to Ireland in Cork where he lived the next 4.5 years of his life, becoming thus entirely bilingual and bicultural. He was baptized a Catholic with his brother Pierre-Constant Ananda at the age of 6 at his request wishing to blend in the local spiritual culture and made his first holy communion the same year. He then dropped being a practicing Catholic upon returning to France. Georges-Aimé learnt to play the piano in Ireland and also Drama performing art. He always showed a great interest in drawing, and playing a lot of sports. Consequently he joined the VERSAILLES rugby team at the age of 12. He excelled so much at it that he was selected to play in the Junior national team of Rugby called the RACING. After some injuries, he decided to come back to his local Versailles team to stay more focused in his studies, taking this year his Baccalaureate. Georges-Aimé previously attended primary school in Ecole Richard Mique in VERSAILLES and then secondary school in College Hoche VERSAILLES too, before joining the Lycee La Bruyère.

Georges-Aimé travels regularly the world on holidays with his parents and has already visited many countries including Vietnam and Greece, where he took part in the World Human Forum In 2019.

He values a lot friendship and hosts a lot his friends in his house : Georges-Aimé loves socializing and has a profound ability to debate and exchange ideas. He already wrote an article in an American Community College School Magazine in Athens after visiting the School and meeting with refugee children there.

He is a great help to his family in domestic tasks, and takes regular care of the family garden.



**Hélène Pichon**, Director of institutional relations for the Think Tank CEPS – CENTRE D'ETUDE ET DE PROSPECTIVE STRATEGIQUE.

Hélène PICHON, 50 years old, is the Director of Institutional Relations of the think-tank & OING CEPS since January 2011, she graduated from the Sorbonne Paris IV University in partnership with the London School of Economics (LSE) studying the European construction. She is a former student of Lycée Louis le Grand. Hélène PICHON began her career in 1987 at the Ministry of Foreign Affairs in the Department of Francophone Affairs. In 1995 she carried out a study on European cooperation in the LEBANON. She joined the Mission of the REPUBLIC OF KOREA to the UNITED NATIONS and other International Organizations in GENEVA in September 1998 where she was advisor to the Head of Mission. In 2000 and 2001 she joined again the French diplomatic network in BAHRAIN. At the end of 2006, she became the Director of the Alliance Française of CORK in IRELAND. In four years, she successfully developed this linguistic & cultural institution by proceeding through organic growth in order to make the AF of CORK a reference actor of the Cultural Network of the French Ministry of Foreign Affairs.

She has doubled her professional career with a number of commitment to European and international philanthropic associations. She is a Goodwill ambassador and administrator of the Antoine de SAINT-EXUPERY Foundation for Youth, also the vice-president of the Robert SCHUMAN Institute for Europe, she is a Colonel of the Civilian Reserve of the French Air Force and a Member of the Board of Directors of the International Women's Forum (IWF). Hélène PICHON is also the author of a Manifesto, L'Eternel au Féminin, the Eternal through the Feminine, which calls for parity in the leadership of the three monotheist religions. She lectures in the EAC High School of Art & Culture.



**Valentin Prost**

My name is Valentin I am 24 years old. I have been studying political sciences at Institut d'Etudes Politiques de Paris and mathematics at La Sorbonne from 2013 to 2019. I also had the chance to go abroad for a year at the University of California to deepen my studies. During my internships I felt that working in office and institutions was not fulfilling for me. I questioned also the human nature: why are there sufferings going on into the world? How humanity could live in harmony with Nature? How could we create a society allowing each human being to live in peace and appreciate happiness in this life? I found my answers into meditation and the practice of hypnosis. I felt that much of human sufferings are due to a lack of alignment between the human being and his true self. Much of my current work is about broadcasting those two practices through a Youtube channel (Prajna), following a curriculum to become an

hypnosis therapist (Institut Noesis), following meditation retreats (Ecole Occidentale de Méditation) and structuring places that could welcome meditation retreats, seminars and workshops on dancing, painting and singing (L'Art du Chant).



**Vincent Poux** has been a Counselor to the Senate Services since 1993, recently posted to the Secretary of the Parliamentary Office for Scientific and Technological Assessment and to the Secretary of the Delegation for Prospective Studies.

Graduated from the Institute of Political Studies of Paris, during his career he was posted successively to the Secretaries of the parliamentary committees responsible for Budget and Finance (1993), European affairs (1998), Economic Affairs (2009), Sustainable Development and Spatial Planning (2012).

He was also Executive Secretary of various Parliamentary Study Groups in the fields of Energy, Tourism, Mountains and Forests. He was also posted in the IT Services Department (2007), and had been the first CNIL registered Data Protection Officer of the Senate.

He was Executive Secretary of the Senate Tibet Information Group for fifteen years, from its inception in 2000 to 2014. In this capacity, together with Senators and Members of the National Assembly, he met His Holiness the Dalai Lama and senior officials of the Tibetan Central Administration on numerous occasions. He has travelled, professionally or privately, to Dharamsala, Ladakh and Tibet. He has written three parliamentary reports and organised two academic conferences on the Tibetan issue.

He was also, at different times, Executive Secretary of the France-India, France-Nepal and France-Italy Interparliamentary Friendship Groups. He was an auditor at the 6th Session of the Diplomatic Institute of the Ministry of Foreign Affairs (2006).

As an official in Parliament, he cannot consider himself to be a true expert on any subject, except parliamentary and legislative law, as well as the way laws are made and public policies assessed in France.

On a personal level, he attaches the greatest importance to the issues of limiting the scale and harmful consequences of Global warming, and of protecting Nature and Biodiversity on the basis of scientific and political ecology, which include the issues of Sustainable Development, Energy transition, Transports, Urban planning, Agriculture, as well as the issues of Health public policy, Social protection, defence and promotion of Human Rights.

On a private basis, he tries to live both from his faith in Tibetan Buddhism, which he discovered from 2000 onwards, and his faith in the Catholic Christianity of his childhood, which he rediscovered as an adult from 2006 onwards.



**Nicolas Revol** is a space engineer, certified lean sigma black belt and global organization executive coach. He leads and accompanies organizations in deep cultural transformations in order to develop a human culture promoting audacity, freedom to be oneself, collaboration, agility and pleasure. Nicolas leads this transformation within *ArianeGroup* manufacturing plants in Europe and passes this energy and experience to other leaders willing to undertake similar transformations. He is board member of *A Ciel Ouvert Paris* association and invested in *A Ciel Ouvert University* aiming to introduce ancient wisdoms into our modern society. Recently inspired by one of Pierre Rabhi keynote speech, he is launching a project to setup hundreds of permaculture micro-farms around Paris that he is convinced will involve Paris citizens on ecology and raise awareness on social challenges.



**Charles Roger** is 15 years old. He is Caroline's son. When he was 8 years old, he heard a podcast of Matthieu Ricard for the first time. After listening carefully to the podcast, he decided he wanted to become a Buddhist monk like Matthieu Ricard. He has never changed his mind since then. He attends Schola Nova in Incourt, Belgium, which is a high school specialized in the study of Latin and Greek. Charles is passionate about ancient wisdom, from the East and the West. He is in his final year at Schola Nova. He loves to translate texts of ancient Greek and Roman philosophers. Next year he plans to continue his studies at a Buddhist University in India. He hopes that in the future he will be able to build a bridge between different cultures, as he believes true wisdom is universal in nature.



**David Rycroft** is director of Mind With Heart.

Mind With Heart is an international charity, based in London, training teachers and students in sustainable wellbeing, emotional health and social connection.

David trains mindfulness instructors and school teachers in cultivating mindfulness, awareness, empathy and compassion, and in sharing these skills with teenagers.

Researchers into Mind With Heart recently concluded that students who had completed their programmes became more respectful and less violent, were less inclined to indoctrination and radicalisation, more ready to learn, and more connected with each other and with nature. To date, the charity has reached 8,000 teenagers, and trained 800 teachers in 60 schools in 9 countries.

Educated at Eton College and Edinburgh University, David taught art in a London secondary school for ten years before moving to France to set up Rigpe Yeshe, Rigpa's programme for children and teenagers. He subsequently co-founded Mind With Heart in 2012.

David has an MA in Buddhist studies. He is also an practising fine-artist.



**Vinciane Rycroft** is an education project manager and change-maker. Since 2006, she coordinates programmes for social change based on cultivating mindfulness, awareness and compassion at a personal and team level. She has co-founded the education charity Mind with Heart, that runs an emotional and social learning programme in secondary schools, and continues to train trainers and teachers in France. She is also the founder and director of the Empathy and Compassion in Society conferences bringing together neuroscientists, psychologists and change-makers in education, health, social care, law and business on the way compassion has been a force for change in their work. She is also a member of the Rigpa Vision Board and a trustee of the Tenzin Gyatso Institute, named after HH the 14th Dalai Lama. Previously, Vinciane has 10 years' experience with sustainable development charities, designing innovative, award-winning community and education projects.



**Patricia Savin** is a Doctor of private law (The Effectiveness of Laws regulating Pollution and Nuisances), and is graduated of IHEDN (34<sup>ème</sup> cycle de sensibilisation à l'intelligence économique et stratégique). She holds a DEA degree in environmental law (Environmental Law Institute – Lyon III), and is a graduate of the Paris Bar Association's Institute of Public Business Law (DPA)



**Anne Sudre** is historian of Indian and Himalayan art. She is teaching this discipline at the Louvre School in Paris and she is giving conferences for 16 years.

She had been Responsible for the Municipal Collection of Contemporary Art of the City of Paris, and is currently Responsible for the Conservation of Chateaubriand's House Museum, at La-Vallée-aux-Loups, near Paris.

During the last free years in Aquitaine, she involved too in the activities of "Tashi Delek Bordeaux" association. Before, as co-founder and president of an other association for a long time, she involved in helping the Tibetan refugees' village of Phuntsok Ling (Orissa).



**Caroline Van Damme** is an adult psychiatrist and family and systemic psychotherapist. In 1995, she started to study neuroscience at Brandeis University, Waltham, MA in the USA, where she discovered a passion for the human mind and its relationship to the brain. She transferred to the Catholic University of Leuven in Belgium to get a medical degree. She graduated in 2003 and became a psychiatrist in 2008. Since then, she has been working at the "Brussels Night Hospital", specialized in the psychosocial rehabilitation for patients suffering from chronic psychotic disorders. After the start of the school strikes in Belgium in 2019, she launched the initiative Psy4Climate with a group of colleagues. They try to raise awareness in mental health professionals and the general public about the relationship between ecology and mental health. Besides her job as a psychiatrist, she teaches biology in her children's school. She is married, and mother of three children.